BIKE RENTAL - RETAIL - SERVICE - CLINICS

All Terrain Cycles

Offers XC and DH mountain bike hire, tours, spares and repairs. Operates from 9am-5.30pm Friday to Sunday from November to April, including daily throughout January. Also operates Gravity OZ specialist clinics and camps, plus 2 hour lessons on weekends. Mt Buller: Village Square Plaza ph: 03 5777 6082 Mansfield, High Street ph. 03 5775 2724

Specialist MTB camps and clinics

over summer, and include specialist coaching from world class riders, accommodation, some meals and more. Gravity OZ and Blue Dirt Mountain Biking run regular clinics and camps all season. Visit bike.mtbuller.com.au for a full listing.

MT STIRLING CAFÉ

Offers delicious home-made offerings, including coffee, meals and snacks. Weekends from 3 December to 30 April. Telephone Box Junction, Mt Stirling

For all the latest on biking, trail reports, events and more, visit: bike.mtbuller.com.au

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CROSS-COUNTRY

Cross-country trails are available free of charge to riders and are suitable for conventional mountain bikes. They consist of a variety of terrain that may incorporate challenging technical features or obstacles. The trails are multi-use, so please ride appropriately and be courteous to other trail users. Trails open December – April. (Subject to conditions)

TRAIL REPORTS

Scan the code to get the up-to-date MTB Trail Report.

MIRIMBAH BIKE SHUTTLE

and one run to Mt Stirling (11am).

When you finish a ride at the bottom of the mountain, you'll need to get your way back up! Servicing both Mt Buller and Mt Stirling, the Mirimbah Store shuttle solves all your

Dates of operation: Fridays*, Saturdays and Sundays from

Prices: One run \$20 / Day Pass \$50 (access to all shuttles

during the day) / Weekend Pass for \$80 / Seasons Pass \$230

28 October 2016 until 30 April 2017. *Friday shuttles only

Times: 10 runs to Mt Buller (between 8:15am – 5pm)

operate with bookings made by 2pm Thursdays.

03 5777 5529 / enquiries@mirimbah.com.au

QR code

transport needs.

TRAIL NAME	ICON	GRADE	DISTANCE	RIDING TIME	GRADIENT	FITNESS
FAMILY TRAIL ^v			3km	30 mins	Gentle upwards and downwards slopes.	Low endurance, low technical skill.
ONE TREE HILL ^V	-		630m	10 mins	Initial switchbacks gently climbing, then a descent through some easy berms.	Medium endurance, low technical skill.
PICNIC TRAIL*	Č		450m	5 mins	Gentle climb on single trail.	Medium endurance, low technical skill.
SOUL REVIVAL ^V	S		450m	5 mins	Gentle climb finishing with a switchback.	Low endurance, low technical skill.
BOX CORNER LINK*			700m	15 mins	Mostly flat.	Low endurance, low technical skill.
CLANCY'S RUN*	Seles		2km	10 mins	Wide fire trail, to narrow single track descending down through some switchbacks.	Medium endurance, medium technical skill.
CORNHILL*	λ		1km	25 mins	Moderate climb on narrow single track with some switchbacks.	Medium endurance, medium technical skill.
DELATITE RIVER TRAIL*	3		12km	45 mins – 2 hours (ability dependent)	Remote descending trail. Moderately challenging, wide descending trail with river crossings.	Medium endurance, medium technical skill.
GANG GANGS ^v			1.4km	25 mins (ability dependent)	Narrow singletrack finishing off with a gradient change into a short steeper descent to finish at Skills Parks.	Medium endurance, medium technical skill.
MEDUSA*			750m	10 – 30 mins (ability dependent)	Wide fire trail, to moderate climb on narrow single track with multiple switchbacks.	Medium endurance, medium technical skill.
MISTY TWIST*	G		2.6km	50 mins	Moderate downhill and uphill riding on premium single track.	Medium endurance, medium technical skill.
PLOUGH SHED ENTRY*			2.7km	5 – 20 mins (ability dependent)	Moderate descent on wide fire trail.	Low endurance, medium technical skill.
RIVER SPUR*	⋳∎€ ⊀		2.5km	45 mins	Moderately challenging descending slope.	Medium endurance, medium technical skill.
SKYLINE	and the		931m	20 mins	Moderate through a number of switch backs.	Medium endurance, medium technical skill.
SNOWGUMS ^v	K		1.1km	20 mins	Moderate climbing through a number of switch backs.	Medium endurance, low technical skill.
SPLIT ROCK ^v	Æ		900m	20 mins	Moderate to steep through a number of switch backs and boardwalks.	Medium endurance, medium technical skill.
TRIGGER HAPPY*	<u>F</u>		2.2km	45 mins – 1.5 hours	Moderate ascent on narrow single track.	High endurance, medium technical skill.
WOMBAT*			430m	5 mins	Narrow single track, with some technical rock sections.	Low endurance, medium technical skill.
WOODY'S TRAIL*			1.2km	5-10 mins (ability dependent)	Descending, rough fire road.	Medium endurance, medium technical skill.
WOOLYBUTT*	(i)		1.7km	25 mins	Moderate downhill and uphill sections	Medium endurance,

on fire trail and single track.

medium technical skill.

GRAVITY SHUTTLES

Gravity trails are open to riders on days the Northside Express Chairlift or shuttles are operating, weekends from December – April.

Northside Express Chairlift

Services gravity trails from 10am-4pm over the following periods: Daily 26 Dec-8 Jan / Weekends from 14 Jan-12 Feb / Bike Buller 11-13 March / Easter 15-17 Apr

Chairlift season pass: \$250

Further information contact Buller Ski Lifts on 03 5777 7800 or email info@skibuller.com.au.

Blue Dirt Gravity Shuttle

Runs between Lower Tyrol car park and Spurs outside of the chairlift period. **Dates**: Weekends from 3-11 Dec then selected w/ends 18 Feb– 30 April (excluding Bike Buller and Easter). Price Day Pass: \$50 / 2 Day Pass: \$90 / Season Pass: \$450 (50 ride days). Call 0409 161 903 to book.



GRAVITY Trails begin at Spurs, and are marked with signs detailing degree of difficulty, length and elevation loss. Read the sign at the start of each track for specific trail information. Obey trail closures. Full face helmets are required on all gravity tracks with the exception of Copperhead. Gravity trails include extremely rough and rocky terrain. Specific downhill or free ride mountain bikes with front and rear suspension are recommended.

TRAIL NAME	ICON	GRADE	DISTANCE	RIDING TIME	GRADIENT	FITNESS
HOME TRAIL			2.5km (from Village Centre)	20 mins (ability dependent)	Moderate/Undulating	Low technical skill.
ABOM DOWNHILL	M		2.2km	3 – 10 mins	Moderate / Berms, jumps and rollers	Medium technical skill.
COPPERHEAD ^v	S		2.5km	5 – 20 mins (ability dependent)	Descending flow down trail on single track, average gradient of 5%, maximum gradient of 15%, incorporating multiple bermed corners, bridge features and sections on fire roads.	Medium technical skill.
OUTLAW	Ж		2km joins International (optional)	5 – 10 mins	Moderate/Undulating. Technical corners, rock gardens and fast fire road.	High technical skill.
INTERNATIONAL			2km	5 – 15 mins	Steep. Rocky, large jumps, drop offs and fast fire road.	High technical skill.

SKILLS PARK / PUMP TRACK

Mt Buller is home to 2 skills parks, and a modular pump track. These are great places to refine your skills, practice new techniques or simply have fun! We remind riders to familiarize themselves with the features prior to riding, and take notice of, and give consideration to, other riders.

TR	AIL NAME	GRADE	DISTANCE	DESCRIPTION	FITNESS	
EA	SY SKILLS TRAIL*		220m	Includes 'skinnies' and a log ride.	Low endurance, medium technical skill.	
	TERMEDIATE SKILLS AIL *		190m	Includes long narrow 'skinnies', and bermed corners.		
PU	IMP TRACK ^v		105m	Modular closed circuit featuring bumps, jumps and berms. December – April Village Square.	Low endurance, medium technical skill.	
LE	LEGEND					
V *	Accessible – Village-based track Remote Tracks – supplies (food, water, first aid kits, warm waterproof clothing & spare bike parts) and a full charged mobile phone must be carried.		 Easy Intermediate Advanced These trails form part of the A 	ustralian Alpine Epic		

tomorrow. Keep trails open by setting a good example of environmentally sound and socially responsible cycling. Do your part to preserve and enhance our sports access and image by observing the following rules.

CONDUCT

1. Ride on open trails only - Respect trail and road closures (ask if uncertain)

2. Control your bicycle - Maintain a safe speed at all times and slow down for blind corners, and keep a safe distance between yourself and the rider in front of you.

3. Leave no trace - Be sensitive to the dirt beneath you and practise low-impact cycling. Wet and muddy trails are more vulnerable, so when the trail surface is soft consider other routes. Stay on existing trails and never create new ones. Don't cut corners and avoid skidding as this damages trails and can lead to erosion.

4. **Respect animals** - The resorts are home to a variety of native animals. Animals can be startled by an unannounced approach, sudden movement or a loud noise.

5. **Plan ahead** - Know your equipment, your ability and the area in which you are riding and prepare accordingly. Alpine weather can be unpredictable.

INT	FITNESS
stance alpine trail that s singletrack and fire trail s. Moderately challenging with every high country trail nce encompassed!	Trail in entirety is physically demanding, requiring medium technical skill and a high level of endurance.
ail that climbs for 6km, then ds for 4km. Generally, the	High endurance, high technical skill.

Be self-sufficient at all times, keep your equipment in good repair, and carry supplies for changes in weather. Always wear a helmet and appropriate safety gear.

6. Shared Trails - Mt Buller's trail network is shared by many other users, including hikers, trail runners and horse riders. Do know you're coming - a friendly greeting or bell ring are good methods. Try to anticipat other trail users as you ride around corners Use the shared trail icon as a guide. Stop, dismount and give way when approaching groups.



BIKE HYGIEN

I SAFETY

To avoid the spread of unwanted weeds and pathogens, and to protect the Australian Alpine environment, please ensure all boots and equipment are cleaned before you arrive, and cleaned as you leave the resort.

Cleaning locations around Mt Buller and surrounding areas: Behind Village Square Plaza • At participating Bike Buller Recommends properties

Emergend	cy Marke				
Call 000 and quote					
МТВ	001				

This brochure is intended as a guide only.

TRAILS - Mountain biking can be hazardous. Trails may include unmarked obstacles and hazards such as sticks, rocks, logs, trees, steep inclines, drop-offs and loose surfaces. Riders attempting these tracks do so at their own risk. The trails shown are graded according to their difficulty. Choose a trail that matches your fitness, ability and equipment and ride within vour limits.

COME PREPARED - Mt Buller is an alpine environment and conditions can change quickly, with sub-zero temperatures and even snow occurring in summer - check the weather forecast and come prepared. Mobile phone coverage (particularly Telstra) is fairly good throughout the Resort, and it is advised that you carry a mobile phone. Ensure your mobile phone is fully charged.

FIRST AID / EMERGENCY - Gravity - First aid is available during gravity trail operating hours. Notify the nearest staff member and advise the nature of the injury and your location. XC - Phone 000 and quote the number on the nearest ESTA trail marker (example above). You can also phone Resort Management on 03 5777 6077, who may be able to reach emergency services on your behalf (8:30am–5pm weekdays & 10am–4pm weekends).

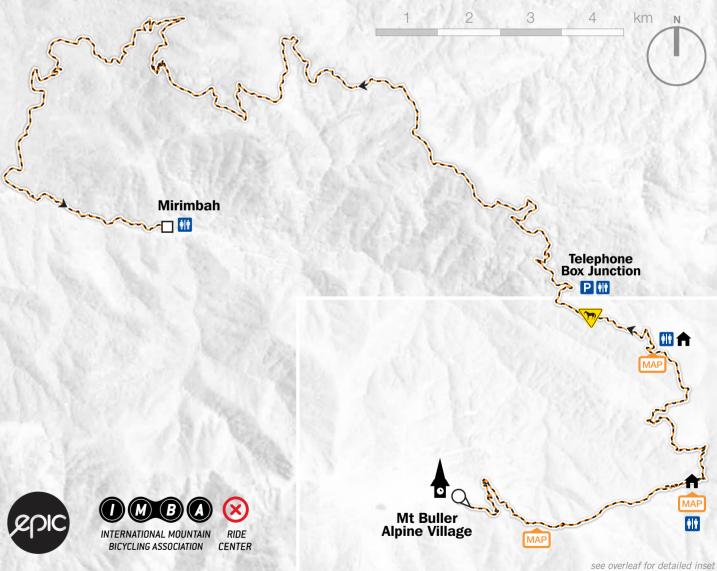


INFO ON THE GO

The Mt Buller Live app for iPhone and Android puts the resort's contacts, activities, events, webcams and more at your fingertips. Download the Mt Buller Live app on your mobile via the App Store and Google Play. Plus, the Roam interactive MTB trail map app shows mountain bike trails on a 3D map, displaying your exact location so you can easily navigate your way around the trails. The app uses your iPhone's built in GPS and map data is stored on the phone so no signal is needed. Download the Roam 3D interactive app on your mobile via the App Store. Android available soon!

CONTACTS

Mt Buller Mt Stirling Resort Management	03 5777 6077
Buller Ski Lifts	03 5777 7800
Blue Dirt Mountain Biking	0409 161 903
All Terrain Cycles	03 5775 2724
Accommodation & Booking Service	1800 BULLER
Emergency Services	000
Mansfield Hospital	03 5775 8800
Mt Buller Towing	0427 077 572
Mansfield Police Station	03 5775 2555
Mirimbah Store / Shuttle	03 5777 5529
RACV	131 111



AUSTRALIAN ALPINE EPIC TRAIL

The Australian Alpine Epic is the first IMBA accredited Epic trail in the Southern Hemisphere, offering a 40km endurance ride that descends over 1,600 meters from the top of Mt Buller down into the surrounding valley. Tough and exhilarating, it takes riders on a truly unique journey travelling through snowgum woodlands that exist nowhere else in the world, to treeless alpine summits, dropping off into cool ferny glades surrounded by granite monoliths, and finishing alongside a crystal clear mountain stream. Grab a copy of the 'Epic' trail map from Alpine Central.

